

Could your kids be at risk for substance abuse?



## E-Newsletter Issue: 7-2017

**National, state and local information on Drug Abuse**

[Visit Our Website](#)

---

### **Family Checkup: Positive Parenting Prevents Drug Abuse**

Families strive to find the best ways to raise their children to live happy, healthy, and productive lives. Parents are often concerned about whether their children will start or are already using drugs such as tobacco, alcohol, marijuana, and others, including the abuse of prescription drugs. Research supported by



the National Institute on Drug Abuse (NIDA) has shown the important role that parents play in preventing their children from starting to use drugs.

The following five questions, developed by the Child and Family Center at the University of Oregon, highlight parenting skills that are important in preventing the initiation and progression of drug use among youth. For each question, a video clip shows positive and negative examples of the skill, and additional videos and information are provided to help you practice positive parenting skills.

[Read More:](#)

---

### **Missouri attorney general sues 3 drug companies over state's opioid crisis**

Missouri on Wednesday became the third USA state to accuse major drug manufacturers of fraudulently misrepresenting the risks of opioid painkillers now at the center of a national addiction epidemic.

The State of Missouri is seeking hundreds of millions of dollars from three pharmaceutical companies that manufacture opioid pain medications, alleging fraud.

The lawsuit alleges the companies "created a sprawling campaign of

misinformation and deception to convince doctors and consumers that opioids pose little risk of addiction, and that such risks can be easily identified and mitigated".

[Read More:](#)

---

## Surgeons Are Ditching Opioids for Ibuprofen and Novocain in the OR

Amber McCanna's hip replacement in 2016 was her sixth surgery in 10 years. It was also the start of a life without opioids. McCanna, 37, spent years hooked on powerful daily doses of opioids prescribed by her doctors for chronic joint pain. But when she had her most recent operation, it was with the help of an approach that minimizes the use of the highly addictive painkillers that have riven communities and ruined lives across the U.S. "I haven't had any narcotics since then," the mother of three said. "I'll never allow myself to be dependent on opioids again." McCanna is at the forefront of a new movement in U.S. medicine to fight drug dependency.



NOVOCAIN

[Read More:](#)

---

## Amid opioid epidemic, Vivitrol finds success marketing to judges and jailers



Michael Prather, 55, an inmate at Hudson County prison in Kearny, N.J., has been using opioids since the age of 14. He had been free of heroin while serving an earlier sentence of more than 20 years, but after being released he relapsed, committed a crime, and wound up right back where he started.

"I still wanted that taste," he said. "You know what I'm saying? I have tried other drugs to get away from that, but like I say, methadone and all was just another steppingstone to move on and onto another drug. It hasn't done anything for me. Matter of fact, it is a drug itself. You know?"

Prather has heard of a new drug called Vivitrol. It's an "antagonist" opioid-dependence medication that blocks the opiate receptors in the brain but does not promote the release of dopamine, the substance that activates the brain's "reward system" and is associated with addiction. It's an expensive (\$1,100 a shot) monthly injection that requires patients to detox beforehand. Prather hopes this will get the monkey off his back.

[Read More:](#)

---

## Crime Labs Race to ID New, Lethal Opioids

Identifying what's on the streets may help solve cases and save lives

ATLANTA - The yellow pills had already killed four before landing in Brian Hargett's

lab last month. They were clearly counterfeit - the letters P-E-R-C-O-C-E-T were as crooked as the dealer who had peddled them throughout central Georgia - but now his chemists had to figure out exactly what they were. And fast. Lives were still at stake; health officials wanted to alert the public about the phony pills. First, though, they had to know what was in them.

At the Georgia Bureau of Investigation's forensic lab outside Macon, Hargett assigned the tablets to one of his forensic chemists. She threw on her gown and gloves, weighed a pill, and dropped it in a skinny vial to soak in ethanol. Then she ran a test designed to separate and identify each substance in the pill. Two synthetic opioids showed up - including one never before seen in Georgia.

[Read More:](#)

---

## Senate calls for regulation of "snortable chocolate"

U.S. Sen. Charles Schumer is urging federal regulators to look into a "snortable chocolate" powder, saying he's worried that it could prove harmful and is being marketed like a drug.

In a letter Saturday, the New York Democrat asked the Food and Drug Administration to investigate the use of caffeine in inhalable food products such as so-called Coco Loko. It's gotten buzz in recent weeks.

Schumer, the Senate minority leader, says there are too many unanswered questions about a product pitched under the innocent-sounding name of chocolate.



[Read More:](#)

---

## National Night Out Tuesday, August 1, 2017 3 PM - & 7 PM (free movie at 7 PM) Community Center, Manhattan Street, Lyons

**This year's events will be bigger and better than last year!**



- \*Life Net helicopter from Seneca County
- \*WC Sheriff's Dept. (child ID and K-9 unit)
- \*WC Public Health (free bike helmets)
- \*Lyons Fire Dept. (rides on fire truck)
- \*Keith Bridger with his train rides for kids
- \*Food trucks
- \*Many Agency Vendors

Still looking for vendors (no table fee). Table and chairs will be available for your use (bring own table cover). Vendors will be located in the small gym and electric is available if needed.

If interested, please contact Jeanna Buisch, Council on Alcoholism at 315-331-5957 or by e-mail (best method of contact) at: waynecountycouncil@yahoo.com

---

## Come join the Council for some fun: Newark Pilots' Baseball Game

Thursday, July 20th  
**Newark Pilots**  
Colburn Park, Newark, NY  
Game starts 7:05  
Pilots against Jamestown



Admission:  
\$4.00 Adults  
3.00 Seniors age 60 and over  
3.00 Children (5-18)  
No Charge under 5 years of age

---

## You'll never want to use a reusable water bottle again



Refilling your water bottle is an easy way to save money, be green and most importantly stay healthy, right? Wrong. A study by Treadmill Reviews has found that water bottles harbor huge levels of potentially harmful bacteria. In fact, researchers revealed that drinking from the average refillable bottle "can be many times worse than licking your dog's toy." Gross..

[Read More:](#)

---

## Why You Shouldn't Use the Word "Addict"

Addiction is a disease.

It's important that we use language that frames it as a health issue and shows respect to people with an addiction and to their families who are impacted. Just like we would with any other disease, like diabetes or asthma.

A person shouldn't be defined or labeled by his or her disease or illness, it is something they have. For example: Instead of calling someone a "diabetic," it's preferable to use person-first language and say "someone with diabetes." The same goes with the word "addict."

We have a choice when we communicate. We can use words that perpetuate the negative stigma around substance use - words that label people with an addiction in a negative, shameful and judgmental way. Or we can use words that are compassionate, supportive and respectful - words that helps others understand substance use disorder as the health issue that it is.

By choosing to rethink and reshape our language, we will allow people with an addiction to more easily regain their self-esteem and more comfortably seek treatment, allow lawmakers to appropriate funding, allow doctors to deliver better treatment, allow insurers to increase coverage of evidence-based treatment and help the public understand this is a medical condition and should be treated as such.

[Read More:](#)

---

## Seneca County's National Night Out

Seneca County's National Night out will be held on Wednesday, August 2nd at the Seneca Falls Community Center, 35 Water Street.

The event will run from 5:00 - 7:00 p.m. with 28 agencies and vendors present. At 7:00 p.m. we will show the movie "Zoo Topia."

Fetch-a-Friend and the Beverly Animal Shelter will have animals available for adoption.

The event is free, but donations of cat litter, paper towels and bleach will be gladly accepted for both animal shelters.

Some demonstrations include: Tibby & Sparks will conduct fire safety training at 6:00 p.m.; The 1st Annual Kids vs. cops water balloon toss at 6:30 p.m.

Come and join us at this family friendly event.



Sponsored by the Council on Alcoholism and Seneca County Law Enforcement.

---

## Quote of the Month

*"Learn from the past, live in the now and be optimistic about the future"*

*-Anonymous*

Council on Alcoholism and Addictions | 315-789-0310 | [council@rochester.rr.com](mailto:council@rochester.rr.com) | Website

Tim VanDamme Executive Director M.S., CASAC